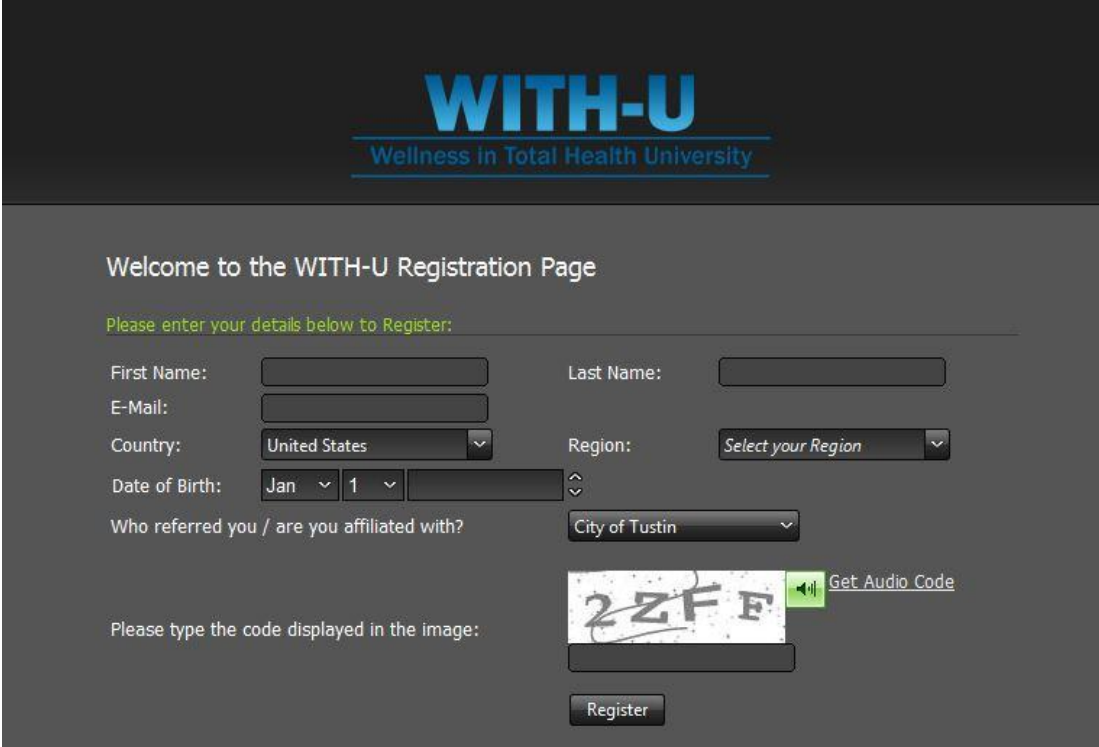


## Register on the With-U site (first time users)

1. Go to the [registration screen](#) – if you are with PMG make sure you see the following in the web URL: /PMG.



WITH-U  
Wellness in Total Health University

Welcome to the WITH-U Registration Page

Please enter your details below to Register:

First Name:  Last Name:

E-Mail:

Country:  Region:

Date of Birth:

Who referred you / are you affiliated with?

Please type the code displayed in the image:  [Get Audio Code](#)

2. Please enter a valid email address. Your registration confirmation with temporary password will be emailed to you as soon as you hit the "Register" button.
3. PLEASE BE SURE TO READ AND ACCEPT THE WAIVER.
4. On the PMG registration you will also be asked to select whether you are part of management /leadership or not.
5. Once you receive your registration email you can return to the [login screen](#).
6. Please change your temporary password in the Member's section as soon as you log in for the first time. For instructions on doing this see the FAQ page.